



Agua Fria Athletics Newsletter

Athletic Director: Autumn Daniels

Athletic Secretary: Jen Weeg

0111 CONCEPT

CONGRATS TO OUR AF COACHES OF THE YEAR!

**FEMALE SPORT COACH:
KAITLYN SECOR**



Swim is an absolute beast to coach. Coach Secor manages to run a monstrous program flawlessly. She coaches both Girls & Boys, Swimming & diving, there are no cuts, and the pool is off campus. Traveling back and forth alone is a challenge, but despite all of these obstacles swim continues to be successful year after year. Coach Secor has led multiple athletes to the state meet with qualifying times. Kaitlyn is such an advocate for her program and athletes, she's organized and a great character builder. She is a great motivator and helps the athletes strive to be the best they can be. Congrats Kaitlyn as female sport coach of the year!

**MALE SPORT COACH:
KEN FOX**



Coach Fox knows how to grow a program and is a huge academic supporter for all of our athletes. He has built a team that is unlike others in with a positive approach to coaching the basics, building amazing relationships and striving to create model citizens. He leads by example and has high expectations that his student-athletes rise up to. His program follows many mottos: grit, respect, and positivity and even has these printed on t-shirts. Ken took men's vb to play-ins two years in a row and has grown the program from ground zero to the only 3 team program in the district. Ken works day in and day out tirelessly to improve the Men's VB program and his Owl Invitational has doubled in size in 1 year from 8 to 16 teams. Congrats Ken Fox Male Sport Coach of the Year!

**OWL AWARD:
DAVID ESPINOZA**



Coach David Espinoza has gone above and beyond on our campus. Not only a supporter in his own sport but a supporter in all AFHS Athletics cheering everyone on and taking pictures at events. David is always on campus and helpful to everyone. He has worked hard to grow the track program and be a huge contributor to the cross country program too. Coach Espinoza led the Girls 4x100 to State and accomplished the ultimate goal, State Champions! We are so proud of Coach Espinoza's program's successes!! Congratulations to Coach David Espinoza as this year's Owl Award Recipient.

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Save the Date!--AFHS Senior Night--Oct. 18th



Come out & support the Senior Class of 2020!

Senior parents of all fall athletes are welcome to the game. We will be recognizing the seniors & their parents of all fall sports, band, pom, & cheer before the game that night. Parents, please meet at the south gate of the football field at 6pm to meet your athlete to line up. We will begin announcing promptly at 6:15. At halftime, there will be a special senior ceremony performed by our band and senior athletes.

Wear **RED** to the game! Let's Go Agua Fria Owls!

Owl Pride News!



Thanks to StuCo for driving to North Canyon to support the Girls Volleyball Team! You ROCK! Congratulations to Kasiah for getting All Tourney Team at the Youngker Tournament!!



Swim had a strong start for both teams! We are so proud of you all!!



Snow arrived for the Cross Country team and so did the medals! Congrats Oscar Gonzales & Demetri Davis!!



2019 AFHS Athletics

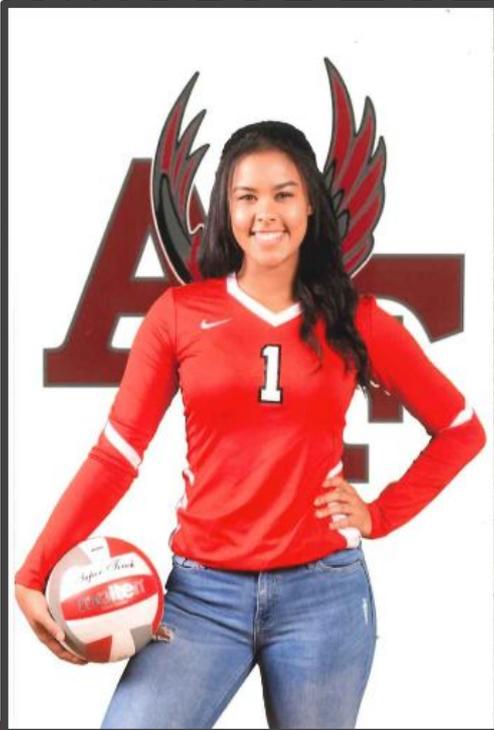
AGUA FRIA OWLS

August Athletes of the Month



Agua Fria Owl Female Athlete:

Kasiah is a Senior for the Owls and is a 4 year Varsity Volleyball Player. Johnson was nominated by the Agua Fria Coaching Staff for her Fearless Leadership! Kasiah is the team captain for the Owls, manages Student Council and playing Volleyball all at the same time. She always influences others on the court! An Explosive Athlete for the Owls! Kasiah is on the MaxPreps Stats for 10th in the Conference for kills with 73 total. Averaging 2.6 kills per set. Congrats Kasiah! Keep up that Owl Spirit!



Kasiah Johnson--#1



Camden Weeg--#45

Agua Fria Owl Male Athlete:

Camden is a Junior and on his 3rd year as a Football Player for the Owls. Weeg plays middle linebacker and is the kicker for the team. This 2nd year Varsity player was nominated by the Agua Fria Coaching Staff for his game-winning field goal vs. Tolleson as time expired to help the Owls bring home the Rock! Victory: 10-7. Camden ranks 16th in the state for punting yards and ranks 7th in the Desert West Region for tackles. We wish #45 the best on the field and to keep that Owl Spirit! Congrats Camden!

Our New Mascot Reveal



Special thanks to The Spire Family for the creation of the new mascot Hootie and donation to the school! They have had three generations attend Agua Fria and we are thankful for your support and school pride!







POM



CHEER

CROSS COUNTRY





GOLF



FOOTBALL COACHES

BAND



FOOTBALL



SWIM



BADMINTON



AUTUMN AND JEN CATHLETIC DREAM TEAM!



Band of Owls Win



The Band of Owls took 1st place in their division at their opening invitational of their 2019 competitive season. In addition to 1st place in Division AA overall, they almost swept the division caption awards (first place in a specific category); they were recognized for Outstanding Music Performance, Outstanding General Effect, Outstanding Percussion, and Outstanding Auxiliary.

STUDENTS vs STAFF VOLLEYBALL GAME



Thanks for putting this together,
Coach Fox! And thanks for your
exceptional coaching and reffing, Jen!



HOMECOMING PARADE + ASSEMBLY PHOTOS 😊

Allison Rai, you and your StuCo kids provided such an incredible week for our students. THANK YOU!

PC: Stephanie Vaughn



Owl Fan Support:

Athletic Schedules & Apparel Website

Schedules and information can be accessed at:

- Athletic website - owlsathletics.org
- AIA website - www.aia365.com
- Tickets to Games: \$6/ Adult & \$4/ Student
- Student Activity Pass: \$25 for all Home Athletic Events
- Family Pass: \$100/ 4 Family Members for all Home Athletic Events

Owl Sideline Team Shop -

<https://sideline.bsnsports.com/schools/arizona/avondale/agua-fria-high-school>

AGUA FRIA OWLS