



Welcome to Agua Fria Athletics!

Below is a Quick Guide on How to Get Cleared to Play at AFHS. We want to help make this process easy for you as an athlete and as a parent. Athletic Packet for the 2022-23 School Year is attached for your convenience and is required by the AIA to participate in high school sports.

Please use the Register My Athlete website to start the process and create an account. Attached is the RMA How to Guide. Complete the Following Steps:

www.registermyathlete.com

AIA required information:

1. AIA Physical Docs Attached: Physical Required by a doctor: 7 pages total
2. Birth Certificate: Upload into RMA
3. Brain Book Course @ aiaonline.org: Upload Certificate of Completion into RMA
4. Opioid Course @ aiaonline.org: Upload Certificate of Completion into RMA

Once your athlete is cleared in RMA, then your athlete will be able to start participating at Agua Fria Athletics:

GO OWLS!

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Mr. Trey Terry, President
Mrs. Gina DeCoste, Vice President
Mrs. Kristen Apton
Mrs. Vickie Landis
Ms. Maxine Hill

AFUHSD Athletes and Families:

Athlete well-being and safety is a priority to our district. It is important that coaches and medical staff are up to date with an athlete's health. In an effort to promote safety, any athlete who participates in summer off-season workouts/registers for any summer camp must be cleared through Register My Athlete by **June 1, 2022**. This includes incoming 9th graders and transfer students. The athletes physical must be dated after Mar 1, 2022 on the 22-23 AIA Physical Forms. A link to these forms can be found here.

When completing the clearance process, athletes and families are asked to check all sports that he/she may participate in for the 22-23 school year. This step will expedite the clearance process during the season of sport.

To help facilitate scheduling of physicals and health insurance, June 1 will be the required clearance date each year for summer workouts/camps. If your child does not participate in summer workouts/camps, they must be cleared prior to the first day of try-outs.