

Covid-19 Protocols Update: January 5, 2022

Effective: January 6, 2022

Prior to the winter break, a communication regarding Covid-19 protocols was sent letting you know we planned to return to school as 'normal' as possible when we returned on January 3, 2022. Our protocols remain in place, however, the Center for Disease Control (CDC) has recently updated isolation and quarantine recommendations for the public. As such, Agua Fria Union High School District has modified our Covid-19 Protocols. The changes are highlighted below and are effective Thursday, January 6, 2022.

### 10- Day Quarantine/Isolation (Current Protocols)

A student who comes into close contact with any person who tested positive for Covid-19 must quarantine for 10 days.

- Students cannot return to campus until they have met <u>quarantine guidelines</u>. During this timeframe, students will be provided the opportunity to participate in remote learning.
- During quarantine, students will not be able to participate in extracurricular activities.
- Quarantine may end early, and the student can return to school on day 8, if they:
  - 1) tested for Covid-19 after 5 full days since exposure, and
  - 2) received a negative result, and
  - 3) been symptom free since exposure

Students must meet <u>all 3</u> of the above to end quarantine before the 10 days. Testing locations can be found by calling 2-1-1.

## 5/5 Option (New Protocol)

As an alternative to the 10-day quarantine/isolation protocols, a student who tests positive or comes into close contact with any person who tested positive for Covid-19 will be required to quarantine for 5 days. If asymptomatic, the student may return to school on day 6, but is required to wear a mask at school until 10 days after exposure. Students who do not adhere to the mask requirement must complete the quarantine/isolation at home.

## **Protocol Selection**

When you receive the close-contact notification letter, please indicate which option you will be choosing. For positive cases, you will work directly with the Covid supervisor/assistant.

#### **Quarantine Exceptions**

 Quarantine is <u>not required</u> if the student is fully vaccinated or recovered from Covid-19 within the last 90 days. Proof required: <a href="http://submit.aguafria.org">http://submit.aguafria.org</a>

## Student/Staff with Positive Results

 Anyone who tests positive for Covid-19 must notify the school. The school's Covid Supervisor will provide guidance and support.

### **Student-Athlete Protocols**

The next page contains Covid-19 protocols specific to student athletes. If you have any questions, please contact the school's Athletic Director.

If you have questions related to the Covid-19 protocols, please contact the Director of Student Services, Tamee Gressett: tgressett@aguafria.org



# **Covid-19 Protocols for Athletics**

Effective: January 6, 2022

Prior to the winter break, a communication regarding Covid-19 protocols was shared letting you know we planned to return to school as 'normal' as possible on January 3, 2022. The Center for Disease Control (CDC) has recently updated isolation and quarantine recommendations for the public. As such, we are aligning our protocols with the CDC. Athletics will follow these guidelines, but some parts of the protocol will vary from the general student population.

# **Updated CDC Guidelines for Athletes Testing Positive**

As an alternative to the 10-day quarantine/isolation protocols, any athlete who tests positive will be required to quarantine for 5 days.

Athletes may return to school on the 6th day if they have not had a fever for 24 hrs and symptoms are resolving. Athletes who test positive are still required to be <u>cleared by a medical provider and complete the Return to Play Protocol prior to participation.</u>

Individuals who return on the 6th day are **required to wear a mask for 5 additional days**, regardless if they have been cleared by their medical provider and completed the Return to Play Protocol.

Athletes must wear their mask at all times when not actively participating. Athletes that are actively in a drill/scrimmage/game may take their mask off, but it must go on immediately once the athlete is removed.

# **Close-Contact for Athletes**

An alternative to a 10-day quarantine for athletes identified as a close-contact is a 5 day quarantine.

Athletes may return on the 6th day if they are asymptomatic.

Athletes must submit a **negative PCR test** prior to participating in activities. The test may be done on the 5th day of quarantine, but not sooner.

If cleared with a negative PCR, the athlete is required to wear a mask for 5 additional days.

Athletes must wear their mask at all times when not actively participating. Athletes that are actively in a drill/scrimmage/game may take their mask off, but it must go on immediately once the athlete is removed.

If an athlete begins to experience symptoms, the athlete needs to stay home, test, and notify the school.